

Children and Young People's Mental Health Awareness
Supportive resources: ADHD

ADHD Foundation and Neurodevelopmental Services

Referral

Telephone / Apply - 0151 237 2661

Contact name:

Sandra Scott or Tony Lloyd

Service opening hours:

9am-5pm

Other delivery mechanisms:

<http://www.adhdfoundation.org.uk/>

Service Facebook page:

<https://www.facebook.com/ADHD-Foundation-1436400913275375/>

Additional details:

Referrals welcomed from GPs and Paediatricians.

Service area coverage:

Crosby (Waterloo/Thornton/Blundellsands),Formby, Linacre / Derby, Litherland / Ford Sefton East (Maghull /Lydiate/etc)
Southport,St Oswalds / Netherton & Orrell

Minimum age:

4 years

Additional restriction:

none

Therapy services offered utilising SKYPE.

Sefton Special Educational Needs and Disability Information Advice and Support Service (SENDIASS):

seftonsendiass@sefton.gov.uk Tel: 90151 934 3334.

[Attention Deficit Disorder Information and Support Service \(ADDISS\)](#) or call 020 8952 2800.

ADHD Foundation

Specialist ADHD Nurses – Tel: 01704 395 720

Formby Clinic

Philips Lane

Formby

Merseyside L37 4AY

NHS Direct

24 hour advice line

Tel: 0845 46 47

www.nhsdirect.nhs.uk

Sefton Families Information Service

Tel: 0800 085 2022

www.sefton.gov.uk/familyinformation

Rainbow Drops

Netherton

Attention Deficit Hyperactivity Disorder (ADHD) Service Sefton

The adult Attention Deficit Hyperactivity Disorder service in Sefton is an award winning service that has a proven track record in providing innovative care to adults with ADHD.

It serves patients transitioning to adult care from community paediatrics and CAMHS as well as providing a comprehensive assessment and diagnostic service for adults referred by their GP.

The service adheres to the NICE guidance in its approach to treatment and medication is monitored by the treating clinician. We have fostered strong links locally with third sector organisations that offer additional support for families of patients with ADHD.

Telephone

01704 383050
01704 383042 (fax)

E-mail <mailto:seftonaspergerteam@merseycare.nhs.uk>

Website www.merseycare.nhs.uk/

Address

Hesketh Centre
51-55 Albert Road
Southport
Merseyside
PR9 0LT

Referral required

Yes

Referral Details

Referrals can be made via the patient's GP and following a comprehensive initial assessment, a formulation is provided.

Comorbid psychiatric issues are addressed by referral to the relevant CMHT.

The ADHD Service are currently supported by two consultant psychiatrists, and a speciality doctor.

[ADDISS](#) (The National Attention Deficit Disorder Information and Support Service).

- Provides information and resources about ADHD and the variety of approaches that can help including behavioural therapy, medication, individual counselling, and special education provision.
- Phone: 020 8952 2800 (office hours).
- Email: info@addiss.co.uk

[Hyperactive Children's Support Group](#)

- Helps hyperactive/ADHD children and their families, providing information particularly regarding hyperactivity and diet.
- Phone: 01243 539966 (Mon - Fri 14:30-16:30)
- Email: hacsg@hacsg.org.uk

[Contact](#)

- The national charity for families with disabled children, including those with ADHD, with guidance and information. Local and regional support via [postcode search button](#).
- Freephone helpline: 0808 808 3555 (Mon-Fri 09:30-17:00)
- Email: info@contact.org.uk

•[YoungSibs](#)

- UK-wide online support service for siblings under 18 who have a brother or sister who is disabled or has special educational needs or a serious long-term condition including ADHD.

[Youth Wellbeing Directory](#)

- Lists of local services for young people's mental health and wellbeing.

[MindEd for Families](#)

- A website where you can hear about other parents' experiences and find clear, helpful guidance on children and young people's mental health and wellbeing.