

Referrals

To refer, please complete a referral form and email to:

TherapeuticSupportTeamReferrals@sefton.gov.uk

Contact us:

Jenny—0151 934 3854

Jenny.stuart@sefton.gov.uk

Joan—0151 934 3022

Joan.goodier@sefton.gov.uk

Anne—0151 934 3013

Anne.sheerin@sefton.gov.uk

Tony—0151 934 3832

Tony.scott@sefton.gov.uk

Confidentiality:

All information about contact with a young person, carer is uploaded onto ICS as soon as possible. Individual therapeutic notes are kept separately in a locked cabinet.

We aim to provide children with a certain level of confidentiality, so the contents of sessions are not disclosed. The parameters of confidentiality are negotiated at the start of therapy and are reviewed on an ongoing basis. Obviously where there is a safeguarding issue we would follow Sefton's relevant procedures.



Location

The venue is bright, warm and child-centred offering a wide variety of play equipment and materials.

The therapeutic service is flexible and it considers the needs of the child as a whole.

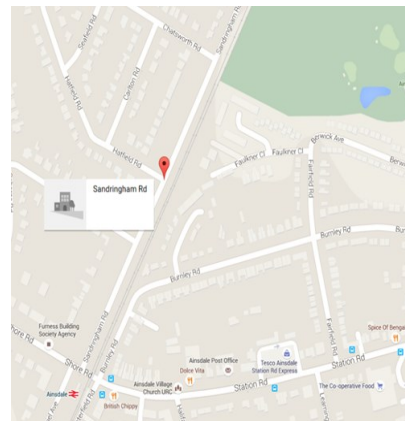
The therapy is tailored to the needs and the age of the child.

Where?

The Caretakers House
Sandringham Road
Ainsdale
Southport
PR8 2PJ

Tel: 0151 934 3854

Email: therapeuticsupport.teamreferrals@sefton.gov.uk



Therapeutic Support Service



The Team

The therapeutic support team is delivered by a team of experienced practitioners.

All members of the Therapeutic Support Team are qualified Social Workers and are trained in Therapeutic work with Children, Young People and Adults..

Who they are:

Jenny Stuart – Team Manager & Psychotherapist (registered with HCPC, BACP and The Theraplay Institute)

Joan Goodier – Therapeutic Social Worker (registered with HCPC)

Anne Sheerin – Therapeutic Social Worker (registered with HCPC and The Theraplay Institute)

Tony Scott – Therapeutic Social Worker (registered with HCPC)

We have a pool of qualified and experienced practitioners who specialise in providing therapeutic interventions on an individual needs basis, and who can also offer a consultation service and training to carers, professionals and other agencies.

Who we support

The Therapeutic service offers support, advice and guidance to predominately Looked After young people, carers and relevant professionals.

Support is offered to service users through therapeutic work from the age of 0-25 years old.

Therapeutic Interventions available from the Therapeutic Support Team:

- Directive Therapy

Solution Focused Therapy

Good Lives Model (Intervention - Sexually Harmful Behaviour)

Cognitive Behavioural Techniques

Dialectical Behavioural Techniques

Writing/presenting Social Stories

- Non Directive Therapy

Psychodynamic/Psychoanalytic Therapy

Person-centred Psychotherapy

Narrative Therapy Techniques

Therapeutic Life Story Work

Family Therapy* Techniques

Theraplay*

Group Theraplay

Dyadic Developmental Psychotherapy*

**awaiting accreditation*

What we offer

Assessments available from the Therapeutic Support Team:

- Emotional Health Assessments

- **Foundation – ASD/ADHD Assessments inc. Classroom Observations ****

- **AIM2 Model of Assessment—GMAP** (Risk Assessment of young people presenting with Sexually Harmful Behaviour)

- Family Assessments & Attachment Style Assessments

* Story Stem Assessment

* Bene & Anthony Family Relations Test

* Psychoanalytical Observation Assessment

* MIM – (Theraplay)

* Story Stem Assessments

* Bene & Anthony Family Relations Test

* Psychoanalytical Parent and Infant Interactions

**Please note that these assessments are completed and forwarded onto to our medical colleagues to support any assessments they may be carrying out.

Therapeutic Life Story Work



The team also help to produce Therapeutic Life Story Books to assist a young person make sense of their lives. This is an interactive method of compiling this information which involves the therapist engaging the young person and their carers through every stage. Support is also offered to parents/carers alongside this, in the form of strategies to enable them to deal with the emotional impact that this work may have on the young person.